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THE CHAKRAS

FRONT

Quality
Emotional (2nd – 6th)

BACK

Quantity
Will (2nd – 6th)

CROWN

Unity, Oneness
Neptune / Pisces

6th

3rd EYE

Sense; Vision
Uranus / Aquarius

Vision
How we see the world
How we see ourselves in
the world (i.e. through
judgment or the biggest
picture)

Administrative capacity
Ability to create the vision
(i.e. “victim” vision takes us
through the steps to make
that occur)

5th

THROAT

Sense: Sound, Scent
Mercury / Gemini

Expression

Self-responsibility
Service / Profession
How we use our energy
(i.e. responsibly or not)

4th
HEART
Sense: Feeling
Sun / Leo

Connectedness
Sharing love / hate

Our will to act on our own behalf (or not).
Is it owned by someone else? (i.e this = acting on *another's* behalf). The total good of all = your good (first) + ??

3RD
SOLAR PLEXUS
Sense: Intuition
Mars / Aries

Perception / identification of self
Choice / choosing
Power / powerlessness

The will to be whole...
to allow all the different parts to come to the table and have a voice.
Consciousness that allows us to open to everything we are (light AND dark).
This includes the will to not be whole (which = chakra shut down or opening other chakras to compensate)

2nd
PLEASURE
Sense: Emotion
Venus / Taurus

Abundance, money
Sexuality
Pain / pleasure

The will to have life force.
How much life force you can take into the body (or

Immunity
Creativity

how little). What you do with
it (i.e. home, learning,
travel, sex, entertainment).

ROOT / 1st

Earth

Sense: Kinesthetic

Safety, stability or survival
within the (Earth) tribe.
How we claim and own space.
The strongest entry point
into the physical body.

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